This last academic year -- 2009-2010 -- turned out to be an extremely active year for us at PTRC, both in the area of our training activities as well as in the context of conferences, seminars and study events that we organised. Existing work was further augmented, both in the training programme as well as in providing psychoanalytic psychotherapy. Efforts at widening our outreach are on and a number of seminars, conferences and study events with visiting psychoanalysts and psychotherapists over the last year, gave our members and students valuable opportunities to learn about and to share diverse experiences.

PTRC Activities: An Update

The Horniman Circle Therapy Centre: Work continues at PTRC’s Centre in Fort, Mumbai, where a team of child psychotherapists and adult psychoanalysts see children, parents and adults with emotional difficulties. Two more therapists in training – Ms Malika Sikander and Ms Sara Rouhzad – have also started seeing patients at this Centre. With the addition of these two therapists, and three who were already working here – Ms Banu Ismail (Psychoanalyst and Child Psychotherapist), Ms Manju Mukhi (Child Psychotherapist) and Mrs Gouri Salvi (Child Psychotherapist) — PTRC is now able to provide 50 sessions a week to patients, on a sliding scale fee structure.

From November 2009 the Centre also began weekly clinic seminars here. These provide a forum where the clinic team meets to present and discuss their ongoing psychotherapeutic work, giving an opportunity to become familiar with the Centre’s cases and individual styles of work.

PTRC’s Centre at Bandra: In February 2010, the PTRC began its second Centre in Mumbai, working out of an existing polyclinic in Bandra East (See box on pg ). Therapists are now seeing patients there, working on the same lines as the Horniman Circle Therapy Centre.

Alexandra Girls School, Fort, Mumbai: PTRC’s Ms Manju Mukhi, Mrs Manjari Keswani and Ms Malika Sikander continued their psychoanalytic psychotherapy work in this school, helping students with emotional difficulties. Ms Mukhi continues to do extensive parent work which helps sustain the psychotherapeutic work with the children.

From January 2010 Ms Manju Mukhi and Mrs Gouri Salvi have held weekly work discussions with the school teachers. At these discussions, one or more teacher presents a student who is presenting some difficulty. The therapists, by leading and guiding a group discussion, help to explore and think through the reasons that might lie behind the current difficulties.

Cardinal Gracias High School: PTRC’s Ms Banu Ismail, continued her work with the students in this school, working 5 hours a week. Ms Ismail also carries on her work with parents as well as consultative work with the school teachers through regular workshops/talks.

The Pali Chimbai Municipal School run by Aseema (NGO): Child Psychotherapist, Mrs Zarine D’Monte of PTRC, continued work at the school of this NGO which works with underprivileged children, helping the faculty in thinking through a number of issues.

Naad: PTRC’s Mrs. Micky Bhatia (Psychoanalyst and Child Psychotherapist) and Ms. Sara Rouhzad (Clinical Student) started work at ‘Naad’ (I Hear Foundation). Naad is an early intervention centre for the hearing impaired, who have either received a cochlea implant or are in the process of receiving one. ‘Naad’ provides Audiology and Auditory Verbal Therapy for these children.

The mothers of these children have the tremendous task of dealing with the difficulties...
that ensue as the process is gruelling and extremely challenging. Mrs. Bhatia and Ms. Rouhzad work with these mothers. They meet with them on a weekly basis for sessions that are psychoanalytically informed in trying to understand their situation, in order to provide them with containment and understanding. Currently, Mrs. Bhatia is working with 4 mothers and Ms. Rouhzad with 3 mothers. The work still is at a very nascent stage and it is hoped that over time the work will expand. There are plans to soon have a link to the PTRC website from Naad’s website.

The past year has seen many activities – including seminars, conferences and study events – that have further enhanced the PTRC’s training programme. Members of PTRC participated in conferences and visiting faculty held a number of events with students, thus enabling a rich exchange of ideas.

August 27-20, 2009: Mrs Zarine D’Monte and Mrs Aiveen Bharucha of PTRC attended the *Fifth International Conference for Teachers of Infant Observation*, held in London, and organised by the Tavistock and Portman NHS Foundation Trust. The theme of the Conference was *Infant Observation in a Globalised World*. Papers were presented by teachers of Infant Observation from several countries, with delegates coming from Norway, Israel, Italy, USA, France, Taiwan, Austria, Switzerland, Denmark, Bulgaria, Mexico, Greece, Germany, Australia, Belgium, and from several part of the UK.

One of the highlights of the Conference was listening to Zvi Fajerman (Israel) describe and explain the mutual reactions of mothers and their infants who had been through overwhelming war-related experiences, which the therapists also experienced in their clinical work. He focussed on the anxiety and acute stress responses in the course of work that was carried out in a shell ing target region of the Gaza strip. The worker had to do his professional work in what he described as “communal reality” where the worker and the client were in a state of fear and had at times to seek refuge in a bomb shelter.

The Conference was an invaluable learning experience and provided an opportunity to listen to and come to a better understanding of the work in the area of infant observation in different countries.

August 28-29, 2009: PTRC organized a Conference in Bangalore, on *Observational Studies and Child Psychotherapy*, in collaboration with Christ University, Bangalore and CUSP (Centre for the Study of Culture and Society, Bangalore). Five PTRC members presented papers at this event. Their topics were as follows:

» Mr Shailesh Kapadia (Senior Psychoanalyst): “Patient’s Relationship with Interpretation.”

» Mrs. Minnie Dastur (Senior Psychoanalyst): “Developmental Process of Object Relationship.”

» Ms Banu Ismail (Psychoanalyst and Child Psychotherapist): “Play as a means of communication—A Kleinian Approach.”

» Ms Nuzhat Khan (Psychoanalyst): “Dealing With Difficult Feelings—A close observation of a young child and his family.”

» Mrs Gouri Salvi (Child Psychotherapist): “An Experience with Infant Observation.”

Among the other participants at the Conference were: Dr Ashok Nagpal (Prof. Dept. of Psychology, Delhi University); Dr. Tony Sam George (Christ University, Bangalore); Dr. Darshan Shah (Antarnad Foundation, Ahmedabad); Dr. Kakli Gupta (Clinical Psychologist & Faculty, Sampurna

continued on pg 3...

**The PTRC Library:** A number of new books have been added on to the existing collection of books in the library.

**The Mumbai Marathon:** This January, PTRC participated in the Mumbai Marathon and managed to raise some funds for its work.
A weekly session was stimulating and threw up many significant issues in observational and psychotherapeutic work with children.

**November 20-22, 2009:** The Second Annual PTRC-Tavistock Child Psychotherapy Conference was organized and held at The Indian Medical Association, Haji Ali, Mumbai. During this 3-day Conference, Ms. Jeanne Magagna (Child, Adult and Family Psychotherapist, London), held a series of talks and study events with students, psychoanalysts and psychotherapists of PTRC, as well as students of students of psychology, psychologists, teachers, nursery school staff, pediatricians, social workers and others. The theme of the Conference was *Psychoanalytical Observational Studies.* Ms Magagna gave talks on the developments in *Observational Studies as a component of Training Programmes*, as well as on *Work with Nurseries and Schools*. The 3-day conference was extremely well attended.

**February 2010:** A weekly workshop on Infant Mental Health was started by PTRC at its Bandra Centre. PTRC’s senior psychoanalysts Mrs Aiveen Bharucha and Dr Manek Bharucha conduct these workshops which are attended by PTRC members as well as other professionals working with children.

**February 2010:** Asha Phillips, child psychotherapist from the UK was in Mumbai and she held a series of study events – seminars, supervisions – with members and students of the PTRC. She also held work discussions with teachers of schools where PTRC therapists work.

---

**Mumbai Infant Mental Health Project : 2009-10**

In the Academic Year 2008-09 the PTRC established an Infant Mental Health workshop as part of the Clinical Training Programme. The workshop was held at ADAPT complex (formerly Spastic Society) at Bandra Reclamation Spastic Society. The workshop has now been reconvened at the PTRC’s new Centre at Bandra East (see box on pg 5). The workshop is open to all those interested in developing their work in this area — such as paediatricians, counsellors and psychologists. Understanding infant mental health includes understanding parents and babies and families of Under 5 children. The workshop also supports the Under-5s services currently being offered in Alexander School, Fort, Mumbai and Cardinal Gracias School, Bandra, Mumbai.

With the development of a new PTRC Centre in Bandra East, Clinical Infant Mental Health Services for Under 5s will now be offered both from the Horniman Circle Clinic and the Bandra Clinic. We welcome any interest in these services.

Many under 5 children in Orphanages, Street Children Programmes and in Hospital Care need considerable understanding and the PTRC staff are particularly interested to be available for work in these areas of need.

The Annual Association of Infant Mental Health UK Conference was held in London in 2009. Mrs. Aiveen Bharucha participated in the conference on behalf of the PTRC. One interesting presentation highlighted by video presentation work with mothers and babies in prison demonstrating a remarkable change in the migrant mother’s capacity to care for her baby.

The Tavistock Clinic offers Training programmes and short courses in Infant Mental Health. Our Tavistock colleagues are supporting the PTRC in the development of Infant Mental Health Services in Mumbai.

[For further enquiries please contact the PTRC Centres at Horniman Circle or Bandra East on telephone no: 22813735 or 26426950.]
Over this past year one PTRC student completed the clinical training and qualified as an adult psychoanalyst. One more student is in the process of completing the clinical training and two students will soon be starting their clinical training.

It was also a year of stimulating conferences around many interesting seminars, lectures and discussions. The seminars and conferences were well attended and provided many new insights and fresh perspectives.

August 30, 2009: PTRC members participated in a one-day seminar in Bangalore, organized by CUSP (Centre for the Study of Culture and Society, Bangalore) on ‘Client’s Perspective in the field of Mental Health’. This seminar explored how mental health can be made more sensitive and effective if adequate space was also given to the client’s point of view.

October 30 – November 2, 2009: A grant from the International Psychoanalytical Association’s Analytic Practice and Scientific Activities Committee (CAPSA) enabled Dr. David Taylor (renowned psychiatrist and psychoanalyst, Clinical Director, Tavistock Adult Depression Study, London) to travel to Mumbai to hold some study events with the Mumbai group. Dr. Taylor was accompanied by his wife, Caroline Garland (Psychoanalyst and Consultant Clinical Psychologist, Tavistock Clinic, London). PTRC hosted them and over four days, organized a series of seminars, lectures and study events with them.

November 1, 2009: PTRC organized two public talks by Dr. Taylor and Ms Garland. Dr. Taylor’s talk was titled: ‘Depression: Necessary and Preventable?’ and Ms Garland’s talk was on: “Trauma and the Possibility for Recovery.”

These public talks were held at the Trident Hotel and PTRC was able to reach a wide audience. Around 250 people attended the talks, including those from other disciplines such as psychiatrists, psychologists, counselors, educationists, sociologists, researchers, social workers, etc.

October-November 2009 & January-February 2010: PTRC’s Mrs Micky Bhatia gave a series of talks on ‘An Introduction to Psychoanalysis’ as part of a training module that lasted six weeks each, for Sinara. Sinara is a training institute which offers brief courses in Psychology and related fields, in collaboration with the Times of India Foundation. The talks were well attended and many of the participants evinced an interest in learning more about psychoanalysis and even the possibility of attending the PTRC training course in future.

January 6-8, 2010: The Indian Australian Israel Conference was held by the PTRC at the Marine Plaza. This Conference had been originally scheduled for January 2009. However, due to the unfortunate terror attacks in Mumbai, it had to be postponed and was finally held this year.

This time, the theme of the Conference was ‘Clinical Studies in Psychic Change’. The papers presented during this 3-day Conference by psychoanalysts and psychotherapists from India, Israel and Australia were as follows:

Dr. James Telfer (Australia). “Methodology of Infant Observation Applied to the Study of Psychotic Processes.” Chair: Ms Bânu Ismail

Dr Shlomit Cohen (Israel).

continued on pg 5...
**PTRC Opens a Centre at Bandra East**

PTRC began offering its psychoanalytic psychotherapeutic service at a Clinic in Bandra East, Mumbai, from February 2010. This Clinic is run on exactly the same lines as PTRC’s Horniman Circle Therapy Centre, where a team of psychoanalytic psychotherapists and psychoanalysts will see patients on a regular basis. Currently 2 therapists work here and by the end of the year, PTRC hopes to expand the team to four therapists.

Consultations and psycho-educational assessments are also provided here. In addition, weekly workshops on Infant Mental Health, and fortnightly seminars on Personality Development are being conducted at this Centre.

The Bandra Centre also plans to house a library of psychoanalytic literature soon, making this valuable resource more easily accessible to students living in the suburbs.

*continued from pg 4...*

**“Multiple Functions of Memory and Remembering in the Psychoanalytic Process.” Chair: Dr James Telfer**

**Dr Yossi Tamir (Israel).**

“Empathy, Interpretation and Psychic Change”. Chair: Mrs Minnie Dastur

**Ms Julie Meadows (Australia).**

“This is not about persecution this is about annihilation” The analysis of unthinkable trauma and the primitive conscience. Chair: Dr Shlomit Cohen

**Ms Nuzhat Khan (India).**

“Bending rather than Breaking Off – Analysis and Psychic Change under Reduced Circumstances.” Chair: Mr Shailesh Kapadia

Mrs Gouri Salvi (India).

“Through a Lens Darkly: Distorting the Object to Evade Psychic Change.” Chair: Mrs Noa Haas

PTRC’s Senior Psychoanalyst, Mrs Minnie Dastur, did the summing up of the Conference and this was followed by a general discussion of the Conference Theme. In addition to this two closed-door clinical seminars were held.

The Conference was attended by 35 participants, including psychoanalysts, psychotherapists and students of psychoanalysis from Israel, Australia, Mumbai, Kolkata and Ahmedabad.

The feedback received from the participants clearly indicated that this Conference was felt to be special for many reasons. As one of the Israeli participants put it, “When I came here 8 years ago, I saw a small but determined group of senior analysts and their students and it gave me immense pleasure in seeing the growth and the flowering of the group today.”

The main effort of the Mumbai group has been to sustain this International Conference in its present form – as a small and personal meeting of participants which allows the time and space for meaningful thought and discussion; a space which allows participants to feel safe enough to speak freely, perhaps even express views that run counter to accepted analytic beliefs, but which can be debated and thought about in an atmosphere of mutual respect. It is this close and personal interaction between visiting participants and the Mumbai group which has always contributed greatly to the quality of the Conference, leading to papers of high quality and insightful discussions.

**March 11, 2010:** PTRC’s Ms Nuzhat Khan gave a talk to members of the Ròtaract Club on Dreams. The audience comprised Junior College students, who were keen on marking this International Dream Day by learning about dreams from a psychoanalytic perspective. Ms Khan’s talks dealt with a psychoanalytic understanding of mental processes, conscious

*continued on pg 6...*
Looking Ahead...

» Ms Catrin Bradley and Mr Jonathan Bradley (consultant child and adolescent psychotherapists at the Tavistock Clinic, London) will be visiting India from the UK. Both of them will hold study events with PTRC members and students in September 2010.

» Psychoanalysts and psychotherapists from PTRC resume their visits to Ahmedabad from April 2010. They will conduct study events (clinical seminars, supervisions and theory lectures) with the students and faculty of the Antarnad Foundation in Ahmedabad, Gujarat. PTRC plans to continue these events every two months.

» In August, the PTRC plans to hold a fundraiser – the first of its kind. It will be an evening of music, with a performance by talented singer Tara Kumaravelu, who is known to entrance her audiences with popular songs from the ‘70s and ‘80s. PTRC hopes to raise funds for its work in schools.

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

and unconscious, about the need for dreams, their various functions defensive and otherwise, and the way dreams are formed, why they are distorted, why they are forgotten so easily and why they are so important. Her talk, which lasted over an hour, was followed by a very stimulating interactive session.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.

» PTRC members will be attending the International Psychoanalytical Association’s first conference in Asia, on the occasion of its 100th anniversary. The event titled ‘Freud and Asia. Evolution and Change: Psychoanalysis in the Asian Context’ will take place in Beijing from 22nd to 24th October 2010. All societies and groups working in Asia, such as: The IPA China Allied Centre, Israel Psychoanalytical Society, Indian Psychoanalytical Society, Japan Psychoanalytic Society, Korean Society (Study Group), Taiwan Centre for the Development of Psychoanalysis, Australian Society, and PIEE and IPSO and COWAP will be represented.

PTRC’s Senior Psychoanalyst, Mrs. Minnie Dastur, will be one of the keynote speakers at this Conference and will present a paper on The Myth of the Oedipus Complex in the West and in India. Mrs Micky Bhatia will also attend the Conference as a PTRC representative on the Scientific Committee.

» The PTRC’s next International Indian Australian Israel Conference is scheduled to be held in Mumbai in January 2011. The theme of this Conference will be Primitive States of Mind.’

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.

» PTRC members will be attending the International Psychoanalytical Association’s first conference in Asia, on the occasion of its 100th anniversary. The event titled ‘Freud and Asia. Evolution and Change: Psychoanalysis in the Asian Context’ will take place in Beijing from 22nd to 24th October 2010. All societies and groups working in Asia, such as: The IPA China Allied Centre, Israel Psychoanalytical Society, Indian Psychoanalytical Society, Japan Psychoanalytic Society, Korean Society (Study Group), Taiwan Centre for the Development of Psychoanalysis, Australian Society, and PIEE and IPSO and COWAP will be represented.

PTRC’s Senior Psychoanalyst, Mrs. Minnie Dastur, will be one of the keynote speakers at this Conference and will present a paper on The Myth of the Oedipus Complex in the West and in India. Mrs Micky Bhatia will also attend the Conference as a PTRC representative on the Scientific Committee.

» The PTRC’s next International Indian Australian Israel Conference is scheduled to be held in Mumbai in January 2011. The theme of this Conference will be Primitive States of Mind.’

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.

» PTRC members will be attending the International Psychoanalytical Association’s first conference in Asia, on the occasion of its 100th anniversary. The event titled ‘Freud and Asia. Evolution and Change: Psychoanalysis in the Asian Context’ will take place in Beijing from 22nd to 24th October 2010. All societies and groups working in Asia, such as: The IPA China Allied Centre, Israel Psychoanalytical Society, Indian Psychoanalytical Society, Japan Psychoanalytic Society, Korean Society (Study Group), Taiwan Centre for the Development of Psychoanalysis, Australian Society, and PIEE and IPSO and COWAP will be represented.

PTRC’s Senior Psychoanalyst, Mrs. Minnie Dastur, will be one of the keynote speakers at this Conference and will present a paper on The Myth of the Oedipus Complex in the West and in India. Mrs Micky Bhatia will also attend the Conference as a PTRC representative on the Scientific Committee.

» The PTRC’s next International Indian Australian Israel Conference is scheduled to be held in Mumbai in January 2011. The theme of this Conference will be Primitive States of Mind.’

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.

» PTRC members will be attending the International Psychoanalytical Association’s first conference in Asia, on the occasion of its 100th anniversary. The event titled ‘Freud and Asia. Evolution and Change: Psychoanalysis in the Asian Context’ will take place in Beijing from 22nd to 24th October 2010. All societies and groups working in Asia, such as: The IPA China Allied Centre, Israel Psychoanalytical Society, Indian Psychoanalytical Society, Japan Psychoanalytic Society, Korean Society (Study Group), Taiwan Centre for the Development of Psychoanalysis, Australian Society, and PIEE and IPSO and COWAP will be represented.

PTRC’s Senior Psychoanalyst, Mrs. Minnie Dastur, will be one of the keynote speakers at this Conference and will present a paper on The Myth of the Oedipus Complex in the West and in India. Mrs Micky Bhatia will also attend the Conference as a PTRC representative on the Scientific Committee.

» The PTRC’s next International Indian Australian Israel Conference is scheduled to be held in Mumbai in January 2011. The theme of this Conference will be Primitive States of Mind.’

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.

» PTRC members will be attending the International Psychoanalytical Association’s first conference in Asia, on the occasion of its 100th anniversary. The event titled ‘Freud and Asia. Evolution and Change: Psychoanalysis in the Asian Context’ will take place in Beijing from 22nd to 24th October 2010. All societies and groups working in Asia, such as: The IPA China Allied Centre, Israel Psychoanalytical Society, Indian Psychoanalytical Society, Japan Psychoanalytic Society, Korean Society (Study Group), Taiwan Centre for the Development of Psychoanalysis, Australian Society, and PIEE and IPSO and COWAP will be represented.

PTRC’s Senior Psychoanalyst, Mrs. Minnie Dastur, will be one of the keynote speakers at this Conference and will present a paper on The Myth of the Oedipus Complex in the West and in India. Mrs Micky Bhatia will also attend the Conference as a PTRC representative on the Scientific Committee.

» The PTRC’s next International Indian Australian Israel Conference is scheduled to be held in Mumbai in January 2011. The theme of this Conference will be Primitive States of Mind.’

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.

» PTRC members will be attending the International Psychoanalytical Association’s first conference in Asia, on the occasion of its 100th anniversary. The event titled ‘Freud and Asia. Evolution and Change: Psychoanalysis in the Asian Context’ will take place in Beijing from 22nd to 24th October 2010. All societies and groups working in Asia, such as: The IPA China Allied Centre, Israel Psychoanalytical Society, Indian Psychoanalytical Society, Japan Psychoanalytic Society, Korean Society (Study Group), Taiwan Centre for the Development of Psychoanalysis, Australian Society, and PIEE and IPSO and COWAP will be represented.

PTRC’s Senior Psychoanalyst, Mrs. Minnie Dastur, will be one of the keynote speakers at this Conference and will present a paper on The Myth of the Oedipus Complex in the West and in India. Mrs Micky Bhatia will also attend the Conference as a PTRC representative on the Scientific Committee.

» The PTRC’s next International Indian Australian Israel Conference is scheduled to be held in Mumbai in January 2011. The theme of this Conference will be Primitive States of Mind.’

The audience found the talk highly interesting and felt it was a valuable learning experience. Some of them expressed an interest in a future training in psychoanalysis.

The PTRC acknowledges the support of Navajbai Ratan Tata Trust, and thanks the Trust for the generous 3-year grant that has greatly helped in supporting many of the activities under its project – Developing Psychoanalytical Thinking and Practice: A PTRC Initiative. One of the main aims of this project has been to spread the knowledge and understanding of psychoanalysis and psychoanalytical thinking.