INTRODUCTION

The Indian Psychoanalytical Society - Mumbai Chapter (IPS-MC) has its own training with the approval of the International Psychoanalytical Association (IPA), to train and qualify candidates.

The main features of the training are outlined below.

ADMINISTRATION OF TRAINING

The overall responsibility for running the training is delegated to the Training Committee of the IPS – Mumbai Chapter. The Training Committee gives final approval to the selection of candidates and their qualification for Membership.

The IPS – MC shares the use of the administrative offices, staff, consulting rooms and the library with the Psychoanalytic Therapy & Research Centre (PTRC).

REQUIREMENTS FOR TRAINING

Applicants are expected to have:

Academic Qualifications:
Graduation from any field or its equivalent.

Work Experience:
Applicants are accepted from a wide range of disciplines and working backgrounds but work experience in psychology, medicine, nursing, social work, and teaching are recognized as particularly relevant.
Worked in a Mental Health Setting:

Applicants are required to have experience of work with individuals with emotional difficulties. Applicants without this will be required to undertake a placement in a mental health setting during the first year of their training. The IPS - MC will help with this placement in schools or colleges.

Had Personal Psychoanalysis:

This has to be with IPS-MC approved Training Analysts at a minimum of four times a week, for at least one year prior to starting the training. The list of Training Analysts will be available to applicants.

APPLICATION AND SELECTION

Prior to applying potential applicants are welcome, and will find it helpful, to have an informal discussion about the training and their particular situation. When formally applying applicants must submit copies of all degrees and diploma certificates with the completed application form as well as the names of two referees.

Applicants will have two interviews with two different analysts before a decision is made as to whether they have been accepted.

NB: IPS-MC has a Non-Discriminatory Policy.
FEES

Candidates pay fees annually to the IPS - MC for all the Seminars. This also covers administration of the training and use of facilities such as the Library. Candidates negotiate fees with their Training Analyst and Supervisors and pay them directly for their personal analysis and supervision.

Scholarships are available. Candidates can apply for financial help if needed by submitting their current financial position in some detail including whether there is possibility of support from a family member.

TRAINING CONTENT

Personal Psychoanalysis

A candidate's personal psychoanalysis is central to his/her development as a psychoanalyst and must be continued four or more times weekly with an IPS - MC approved Training Analyst until Membership has been obtained.

Theoretical Seminars

Candidates are required to attend Theoretical Seminars once a week for four years. Seminars take place at the seminar leaders' consulting rooms.

Seminars offer candidates an understanding of the history of psychoanalytic ideas starting with Freud and including, in particular, the study of Kleinian Object Relations Theories followed by Contemporary Kleinian and other recent developments.
There are also seminars on technique, psychopathology and key analytic concepts. The aim of the theoretical programme, combined with the other aspects of the training, is to provide candidates with sufficient understanding of analytic concepts and the complexity of the human psyche to be able to function independently as an analyst by the end of the training.

**Year 1**

An introduction to psychoanalysis including discussion on 'What is Psychoanalysis'. The study of Freud’s writings. Seminars include Freud’s early and later ideas, and his papers on technique.

**Year 2**

The development of Freud's ideas by the Object Relation Schools of Klein, Winnicott, and others. Child Development. Key Concepts such as transference, counter transference and sexuality.

**Year 3**

Psychopathology: depression, narcissism, psychosis, perversions, borderline personality disorders. Dream interpretation.

**Year 4**

Bion and Kleinian Contemporary Thinking, Code of Ethics, Assessment and a series of final seminars aimed at a 'synthesis' of the four years of theory.
Infant Observation Seminars

During the first year of the course trainees are required to observe a mother and her baby in the family setting once a week for an hour. The observations are written and discussed at a weekly seminar.

An Infant Observation paper is written by the candidate (4000-6000 words) and this must be passed before the candidate can apply to take on a first training patient.

Clinical Seminars

Clinical seminars are held weekly from the second year until qualification. They provide the opportunity for candidates to present and discuss the treatment of their training patients in a small group with experienced IPS - MC seminar leaders.

Treatment of training patients

Candidates are required to treat two patients, each for a minimum of four sessions per week, in accordance with the Code of Ethics of the IPS – MC Guidelines on Confidentiality. One training patient must be treated for at least two years and one for at least 18 months although it is expected that the analytic treatment will continue well beyond these periods of time.

An application to take a first patient may take place at the end of the first year. An application to take a second patient may take place after the first patient has been seen for six months. The PTRC's Low Fee Service will help to find a suitable patient for candidates. Candidates are required to write reports on their
patients and seminars are held to help with report writing.

**Supervision**

Each training patient will be discussed in weekly supervision with an IPS - MC approved Training Analyst. Supervision will continue throughout the training until Membership is obtained.

**Progress Advisers**

Each candidate will have a Progress Adviser assigned throughout the training. The role of the Adviser is to be a link between the candidate and the Training Committee.

**Continuous Assessment**

The Training Committee is responsible for all decisions at each stage of the candidate's training. Throughout all aspects of the Training each candidate's development is continuously assessed which helps to identify both strengths and difficulties and provides an opportunity for the latter to be addressed before they become too problematic.

Meetings between Progress Advisor and candidate provide an opportunity for both parties to participate in a constructive ongoing appraisal and discussion of the candidate's development.
Feedback from Candidates

The Training Committee values feedback from candidates about all aspects of the Training and candidates have an opportunity to raise issues and provide feedback to the Training Committee in a number of ways.

Scientific Life

During their training candidates have opportunities to participate in the scientific life of the IPS - MC and the IPA by attending the Scientific Meetings, Congresses and Workshops held by these organisations.

QUALIFICATION AND MEMBERSHIP

In assessing a candidate's readiness to qualify, the Training Committee, through discussion with the Progress Adviser, will review reports from Seminar Leaders and Supervisors.

The Training Committee will be looking for evidence of sufficient understanding and development of candidates' clinical and analytic work with their training cases.

As part of the assessment process candidates will be required to write a Clinical Paper of 6000-7000 words based upon work undertaken with one of the training patients. It will be read by two or more Readers who will then meet with the candidate to discuss the paper.

The Readers will then submit a written report to the Training Committee, indicating whether they consider the paper to be
satisfactory or not. The final decision as to the candidate's readiness to qualify is made by the Training Committee.

On qualification, candidates will:

- Become a Member of the IPS.
- Become a Member of the IPA.
- Be eligible to register with the Indian Psychoanalytical Society, and the International Psychoanalytical Association as a psychoanalyst.
- Have access to all seminars, courses and conferences organised by the IPS, IPA and PTRC for their further development as a psychoanalyst.

To arrange an informal interview or to receive an Application Form, contact:

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